



Infant Daily Schedule

7:00 – 8:00 am	Welcome! Good Morning! Children arrive; teachers greet parents and interact with the babies. Sit babies in your lap and offer them rattles, chew toys, rock them and sing to them, show them toys that have lights and music, lay baby under a play gym on a thick baby safe play mat.
8:00 – 8:30 am	Play time, floor time, tummy time, play gym or snuggles and singing.
8:30 – 9:00 am	Breakfast for older babies / bottles offered to younger babies, holding, snuggling, rocking, singing or reading.
9:00 – 9:15 am	Diaper Routine.
9:15 – 9:30 am	Touch and sensory exploration activities with discovery baskets.
9:30 – 10:00 am	Outdoor time, stroller walks, easy pushes on the baby swing.
10:00 – 11:00 am	Diaper routine then nap time.
11:00 – 12:00 pm	Lunch time for older babies / bottles offered to younger babies, holding, snuggling, rocking, singing or reading.
12:00 – 2:00 pm	Diaper routine then afternoon nap.
2:00 – 3:00 pm	Diaper routine then snack for older babies/ bottles offered to younger babies, holding, snuggling, rocking, singing or reading.
3:00 – 4:00 pm	Outdoor time, stroller walks or easy pushes on the baby swing.
4:00 – 5:00 pm	Diaper routine then play time, floor time, tummy time, play gym or snuggles and singing. Greet parents and say goodbye to children.

Please keep in mind: This schedule is only a general guideline this schedule is **flexible** and will be changed to adjust to baby's needs.

Naps, snacks, lunch and bottles will be adjusted to baby's own schedule.

Outdoor play will depend on the weather.

Diapers are changed every 2 hours or more often if needed.

Parents are welcome to visit unannounced at any time

Baby Group Time

During the day, when babies are up, awake, happy and being social we will place the babies near each other for a baby group time experience.

This will be a fun learning experience for the babies to see each other as we interact with the baby's using this week's theme with puppets, pictures or stuffed animals, reading a story, acting out a finger play or singing songs.

Outdoor Play

Outdoor play time for a young baby may consist of a walk in the carriage, sitting in teachers lap while hearing songs or stories, rocking in a chair with teacher or gentle pushes in a baby swing (when baby can sit up unattended).

Older babies outside time may consist of (same as above) or sitting on a playpen pad or a thick blanket outside with age appropriate toys.

Discovery Baskets

Older babies will have fun each day exploring the discovery baskets which contain materials to explore at their own pace. These items will be fun sensory items of different shapes and textures.

Infant Lesson Plans – Please visit

<http://www.adaycare.com/InfantActivitiesCurriculum.html> for infant lesson plans